



**MIDDLE TENNESSEE  
ARTISTS**

**PRESENTS**

**“ARTIST EXPRESSION”**

**EXPRESS YOURSELF**

**FEBRUARY 22-25, 2024**

# “Artist Expression”

**Coffee County Conference Center Manchester, TN**

## Middle Tennessee Artists

will be hosting their 36th retreat on  
February 22-25, 2024

Registration fees:	<u>Thursday—Sunday</u>	<u>\$150.00</u>
	<u>Non Members</u>	<u>\$165.00</u>
	<u>Friday—Sunday</u>	<u>\$140.00</u>
	<u>Non Members</u>	<u>\$155.00</u>

You must be registered to attend classes, eat meals and any other weekend activity.

Your registration fee will include dinner on Thursday, lunch and dinner on Friday and lunch and dinner on Saturday, and lunch on Sunday. You may also buy a box lunch for Thursday if you wish at a price of \$12.00 in addition to your registration fee.

Members who have special dietary needs will have a one-time fee of \$5.00 for this service.

You will need to write down the need on your registration form under “special diet needs” to let us know what your needs are.

## Room Reservation

You are responsible for making your own room reservations at the **Holiday Inn Express Manchester, TN** which is connected to the Coffee County Conference Center (931-728-9383).

We have a block of rooms reserved under MTA. Tell them you are with MTA when registering. The room rate is \$109.00 until January 21st, 2024

You will have a continental breakfast at the hotel each morning in the lobby cafe. There is also an indoor pool.

Remember to use MTA code when registering.

## Conference Center

We are very fortunate to have a great facility like the Coffee County Conference Center for our retreat. As a requirement of our contract we need to follow their guidelines.

No alcoholic beverages of any kind are allowed in the center, keep the floor clean of paint related items (so no one trips) and clean up spills promptly. Dispose of paint water in buckets, not commode or sink.

Please do not tape any item to doors and get approved tape for things on walls. Do not spray any sealers inside building or on porches or sidewalks. If you must spray go to the back of the parking lot and spray there.

## Paint Room

Please allow us time to set up the room before you start to bring in items on Thursday.

The room will open every morning at 7:30 A.M. and close at 10:00 P.M., with the exception of Thursday morning for setting up.

Bring your normal painting supplies along with what is needed for any class. Garbage bags will be provided. Dump this bag as needed and ask any committee member for a new one.

Carts, wagons and large boxes must be stored under tables or taken to your car or room after you have set up. This is to help with overcrowding of the room.

Staff does not have the ability to adjust the thermostat. If you bring a light please bring an extension cord and duct tape to tape it to the floor so no one trips.

# SELLING MAKE IT TAKE IT PROJECTS

Everyone is encouraged to bring make-it-take-it projects. Everyone enjoys these projects at the retreat. You may bring a limit of 3. You must have a painted sample, written instructions, line drawings, and a colored photo. Along with surface you will supply any extras that it takes to complete the project. (wire, paint, glue, string, eye screws, ribbon, etc). Place an envelope with your name and cost of project next to your project. Please collect your money each evening.

**Purchasing Make-It-Take-It Projects** - Place your money in the envelope provided with the project at the time of purchase. Do not take anything from the table prior to paying as you may get sidetracked. Take your palette with you to the make-it-take-it table to get your paint. Do not take paint away from table. **Do not remove sample from table without permission of seller.**

## SALES TABLES

Tables will be for rent for **\$5.00**. This will be paid for with your registration. You may rent only one table. You may bring any paint related items (as much as you can fit on table). You may place items on the floor under your table only. All items must be priced and an envelope with your name on it on the table. Do not put any "Free" items on your sales table. Do not mark items down until Sunday morning.

## SALES

No items, other than make-it-take-it projects and sales table, or a class related item sold by the teacher may be sold at retreat without renting a sales table.

## RETREAT ART SHOW

I encourage each of you to participate in our Retreat Art Show. We are a very talented group. I truly enjoy walking through the art exhibit at each retreat and am always inspired. Please bring some of your painted pieces and share. Inspire others!

**Entries will be accepted from 10:00 a.m. on Thursday until 9:30 a.m. on Saturday.**

The art show is open to all registered retreat attendees. You may enter a total of 3 entries with each entry in a separate category.

You may choose from the following categories:

1. **Acrylic**, 2. **Paper Crafting**, 3. **Colored Pencils**, 4. **Mixed Media**, 5. **Oils**, 6. **Water Color**

7. **Beginner** (This category is meant to encourage members to participate who have been painting for less than 3 years).

8. **"Trash to Treasure"** A photo of the piece before it is turned into a "treasure" must accompany the entry. (This category is painting on something that looks really bad, is "Trash" and has been turned into a work of art, a "Treasure". **You must furnish an easel for any hanging projects or canvas.**

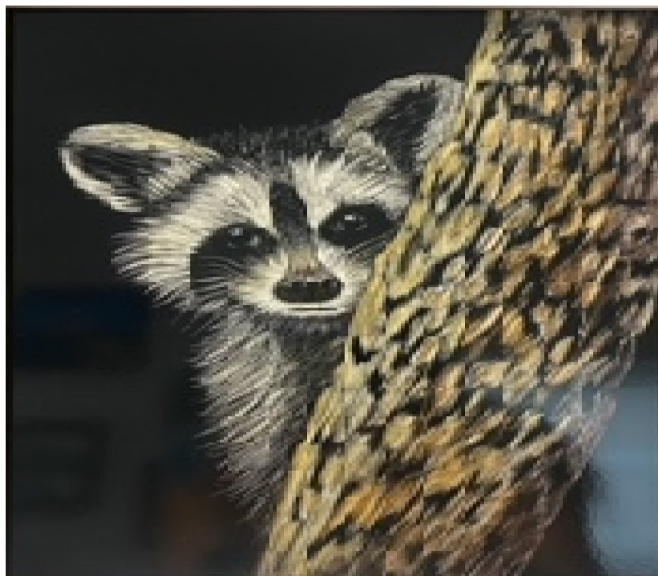
An award will be given in each category, plus a "Best of Show" Award and a "People's Choice" award. The "People's Choice" Award will be determined by votes from retreat attendees.

I'm looking forward to retreat and seeing all the "works of art!" If you have any questions, please contact me.

**Fonda Kopski , fondajk@comcast.net or phone 615-804-5327**

# Thursday Afternoon Classes

## Rocky Raccoon



Thursday 1:00-5:00

Taught by \_\_\_\_\_ **Pam Bradley**

Medium \_\_\_\_\_ Mixed Media

Cost \_\_\_\_\_ \$30.00

Surface \_\_\_\_\_ Scratch Board

Size \_\_\_\_\_ 8" x 10"

Skill Level \_\_\_\_\_ Beginner

**Supplies for class:** (2) Exacto blade holders, one #11 blade, 5/0 Liner brush, #3 round brush, water container, paper towels, soft brush to remove crumbs, 2 finger glove.

## Ocean Beach

Thursday 1:00-5:00

Taught by \_\_\_\_\_ **Cindy Moore**

Medium \_\_\_\_\_ Acrylic

Cost \_\_\_\_\_ \$28.00

Surface \_\_\_\_\_ LP Record

Size \_\_\_\_\_ 12"

Skill Level \_\_\_\_\_ Beginner/Intermediate

**Supplies for class:** Paper towels, Water Container, Plastic 10 well Palette, 1/4" angular synthetic brush.

Dotting tools provided with option to purchase.



# Thursday Evening Classes



## Pen & Ink

Thursday 6:00 - 8:00

Taught by \_\_\_\_\_ **Chris Cruz**

Medium \_\_\_\_\_ Water Color  
Cost \_\_\_\_\_ \$20.00  
Surface \_\_\_\_\_ Water Color Paper  
Size \_\_\_\_\_ 8x10  
Skill Level \_\_\_\_\_ All Levels

**Supplies for class:** Round brush, water basin, paper towels.

Thursday 6:00 - 10:00

Taught by \_\_\_\_\_ **Dennia Weeks**

Medium \_\_\_\_\_ Deco Art Fluid Media & Acrylic  
Cost \_\_\_\_\_ \$25.00  
Surface \_\_\_\_\_ Scratch Art Board  
Size \_\_\_\_\_ 4 x 10  
Skill Level \_\_\_\_\_ Beginner/Intermediate

**Supplies for class:** Regular Painting supplies.

## Flag & Eagle on Feather



## Batik Butterfly

Thursday 8:00-10:00

Taught by \_\_\_\_\_ **Chris Cruz**

Medium \_\_\_\_\_ Water color/Acrylic  
Cost \_\_\_\_\_ \$25.00  
Surface \_\_\_\_\_ Ginwashi Paper & Canvas  
Size \_\_\_\_\_ 8x10  
Skill Level \_\_\_\_\_ All Levels

**Supplies for class:** Round brush, water basin, paper towels.



# Friday Morning Classes

## My Bleeding Heart



**Friday 8:00-12:00**

**Taught by** \_\_\_\_\_ **Al Bray**

**Medium** \_\_\_\_\_ **Watercolor**

**Cost** \_\_\_\_\_ **\$30.00**      **Surface** \_\_\_\_\_ **140# Paper**

**Size** \_\_\_\_\_ **8 x 15**      **Skill Level** \_\_\_\_\_ **Beginner/Intermediate**

**Supplies for class:** Watercolor Brushes, (1" soft wash, #4 or #6 round, #8 or #10 round, and a #4 or #6 rigger or script liner), Water color palette or butcher tray for mixing paint, roll of Viva Paper towel, two water containers: one for washing brushes and one for clean water.

## Salt & Pepper



**Friday 8:00-3:00**

**Taught by** \_\_\_\_\_ **Carol Winslow**

**Medium** \_\_\_\_\_ **Colored Pencils**

**Cost** \_\_\_\_\_ **\$28.00**

**Surface** \_\_\_\_\_ **Paper**

**Size** \_\_\_\_\_ **9 x 12**

**Skill Level** \_\_\_\_\_ **Intermediate**

**Supplies for class:** Prismacolor Premier Pencils.  
Cool Grey 10%, 30%, 70%, 90%,  
Warm Grey 10%, 30%, 70%, 90%,  
Black, White, White Jelly Roll Pen.

# Friday Afternoon Classes

## Donkey

**Friday 1:00-5:00**

Taught by \_\_\_\_\_ **Fonda Kopski**  
Medium \_\_\_\_\_ Water color  
Cost \_\_\_\_\_ \$15.00  
Surface \_\_\_\_\_ Water Color Paper  
Size \_\_\_\_\_ 9 x 12  
Skill Level \_\_\_\_\_ Beginner

**Supplies for class:** 2 water containers, Large Sponge or stack of paper towels, Water color or synthetic Brushes size: Rounds #8 #3, and a good liner brush, paper towels.



## Lemons in a Bowl

**Friday 3:00-5:00**

Taught by \_\_\_\_\_ **Chris Cruz**  
Medium \_\_\_\_\_ Acrylic  
Cost \_\_\_\_\_ \$25.00  
Surface \_\_\_\_\_ Wood Panel  
Size \_\_\_\_\_ 8 x 10"  
Skill Level \_\_\_\_\_ Beginner/Advanced



**Supplies for class:** Round Brush, Palette Paper, Water Basin, Paper Towels, Scruffy Brush.

# FRIDAY EVENING CLASSES

## TREE AND ABSTRACT



**Friday 6:00-10:00**

**Taught by** \_\_\_\_\_ **Cynthia Ridge**

**Medium** \_\_\_\_\_ **Alcohol Ink**

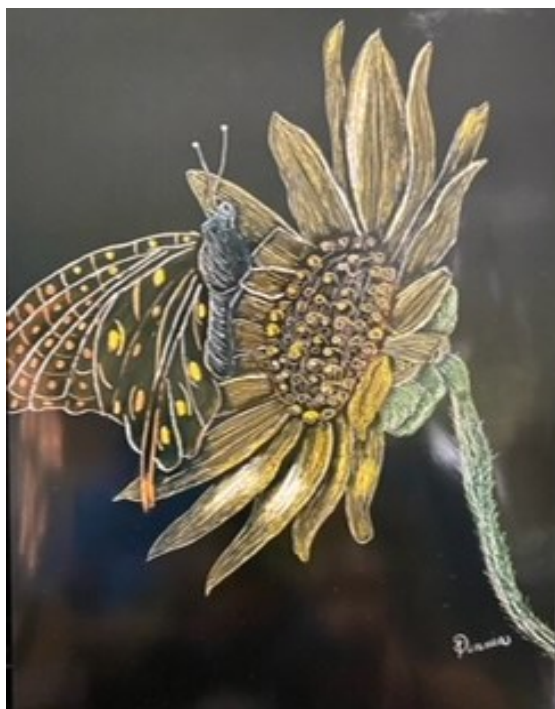
**Cost** \_\_\_\_\_ **\$25.00 (2 projects)**

**Surface** \_\_\_\_\_ **Ceramic Tile & Yupo Paper**

**Size** \_\_\_\_\_ **4x4 and 6 x 5 , Tile 4x4, Paper 5x7**

**Skill Level** \_\_\_\_\_ **Beginner**

**Supplies for class:** Provided by instructor.



## SUNFLOWER

**Friday 6:00-10:00**

**Taught by** \_\_\_\_\_ **Dennia Weeks**

**Medium** \_\_\_\_\_ **DecoArt Fluid Media Acrylics**

**Cost** \_\_\_\_\_ **\$25.00**

**Surface** \_\_\_\_\_ **Scratch Art Paper**

**Size** \_\_\_\_\_ **8 x 11**

**Skill Level** \_\_\_\_\_ **Beginner/Intermediate**

**Supplies for class:** Usual paint supplies and a Stiff board (drawing board, clip board or card board).



## SATURDAY MORNING CLASSES



### MAGNOLIA BLOOM

Saturday 8:00-3:00

Taught by \_\_\_\_\_ Pam Bradley

Medium—Colored Pencils      Cost ———\$35.00  
Surface—Mi-Teintes Paper      Size—8 1/2 x 11  
Skill Level—Beginner/Intermediate

**Supplies for class:** Hard surface to use under paper, pencil sharpener, brush for removing pencil dust, multiple types of erasers, white tracing paper, 2 finger glove (optional).

### ELEGANT PEONY

Saturday 8:00-3:00

Taught by \_\_\_\_\_ Fran Mittelstet

Medium—Water color      Cost—\$25.00  
Surface—Paper      Size—15 x 15  
Skill Level—All Levels

**Supplies for class:** Water buckets(2), round brushes #8, #10 with good point, and 1 brush to apply masking, paper towels, facial tissues.



### KUMIHIMO BEADED BRACELET

Saturday 3:00-5:00

Taught by \_\_\_\_\_ Shiralee Gosselin  
Medium—Beads  
Cost ———\$25.00  
Surface—Small Beads  
Size ———N/A  
Skill Level—Beginner/medium

**Supplies for class:** Recommend bringing a battery operated Light.

# Saturday Evening Classes

## Saturday 3:00-10:00

## Painted Bunting

Taught by \_\_\_\_\_ Al Bray

Medium \_\_\_\_\_ Oil

Cost \_\_\_\_\_ \$25.00

Surface \_\_\_\_\_ Masonite Panel

Size \_\_\_\_\_ 5 x 7

Skill Level \_\_\_\_\_ Beginner/Intermediate

**Supplies for class:** Brushes (red sable, short brights #2, #4, #6 and round #1. Brushes are available from: (Sherry C. Nelson at [sherrycnelson.com](http://sherrycnelson.com)). Paper palette suitable for oil paints, roll of Viva paper towel, palette knife.



## Life's a beach

## Saturday 6:00-10:00



Taught by \_\_\_\_\_ Olivia Wilson

Medium \_\_\_\_\_ Paper quilling

Cost \_\_\_\_\_ \$25.00

Surface \_\_\_\_\_ Canvas Panel

Size \_\_\_\_\_ 8 x 8

Skill Level \_\_\_\_\_ Beginner

**Supplies for class:** Quilling template (optional), small pair of scissors.

# SUNDAY CLASSES



## BE MERRY SNOWMAN

**Sunday 8:00-12:00**

**Taught by** \_\_\_\_\_ **Cindy Moore**  
**Medium** \_\_\_\_\_ **Acrylic**  
**Cost** \_\_\_\_\_ **\$28.00**  
**Surface** \_\_\_\_\_ **Wood**  
**Size** \_\_\_\_\_ **9.5 x 6.5**  
**Skill Level** \_\_\_\_\_ **Beginner/Intermediate**

**Supplies for class:** Waxed palette, water Basin, Paper towels, 1/2", 3/8" angular synthetic brush, #4 filbert, 10/0 Liner, 0 Dresden liner, 1 liner, small dry brush.



## ABANDONED

**Sunday 8:00-12:00**

**Taught by** \_\_\_\_\_ **Fran Mittelstet**  
**Medium** \_\_\_\_\_ **Watercolor**  
**Cost** \_\_\_\_\_ **\$20.00**  
**Surface** \_\_\_\_\_ **Watercolor Paper**  
**Size** \_\_\_\_\_ **11" x 14"**  
**Skill Level** \_\_\_\_\_ **All levels**

**Supplies for class:** #8 or #10 round with good point, script or rigger, water buckets (2), paper towels, and facial tissues.



# Class Schedule

Circle or Highlight Classes you want to take and return with registration

## THURSDAY AFTERNOON

<u>Pam Bradley</u> <u>Rocky Raccoon</u>	<u>1:00 — 5:00</u> <u>Mixed Media</u>
<u>Cindy Moore</u> <u>Ocean Beach</u>	<u>1:00 — 5:00</u> <u>Acrylic</u>

## SATURDAY MORNING

<u>Pam Bradley</u> <u>Magnolia Bloom</u>	<u>8:00 — 12:00</u> <u>Colored Pencil</u>
<u>Fran Mittelstet</u> <u>Elegant Peony</u>	<u>8:00 — 12:00</u> <u>Water Color</u>

## THURSDAY EVENING

<u>Chris Cruz</u> <u>Pen &amp; Ink</u>	<u>6:00 — 8:00</u> <u>Water Color</u>
<u>Dennia Weeks</u> <u>Eagle Feather Flag</u>	<u>6:00 — 10:00</u> <u>Scratch Art</u>
<u>Chris Cruz</u> <u>Batik Butterfly</u>	<u>8:00 — 10:00</u> <u>Water Color/Acrylic</u>

## SATURDAY AFTERNOON

<u>Pam Bradley</u> <u>Magnolia Bloom</u>	<u>1:00 — 3:00</u> <u>Colored Pencil</u>
<u>Fran Mittelstet</u> <u>Elegant Peony</u>	<u>1:00 — 3:00</u> <u>Water Color</u>
<u>Shiralee Gosselin</u> <u>Kumihimo Beaded Bracelet</u>	<u>3:00 — 5:00</u> <u>Japanese braiding</u>
<u>Al Bray</u> <u>Painted Bunting</u>	<u>3:00 — 10:00</u> <u>Oil</u>

## FRIDAY MORNING

<u>Carol Winslow</u> <u>Salt and Pepper</u>	<u>8:00 — 3:00</u> <u>Colored Pencil</u>
<u>Al Bray</u> <u>My Bleeding Heart</u>	<u>8:00 — 12:00</u> <u>Water Color</u>

## SATURDAY EVENING

<u>Olivia Wilson</u> <u>life's a beach</u>	<u>6:00 — 10:00</u> <u>Paper quilling</u>
---	--

## FRIDAY AFTERNOON

<u>Chris Cruz</u> <u>Lemons in a bowl</u>	<u>3:00 — 5:00</u> <u>Acrylic</u>
<u>Fonda Kopski</u> <u>Donkey</u>	<u>1:00 — 5:00</u> <u>Water Color</u>

## SUNDAY MORNING

<u>Cindy Moore</u> <u>Be Merry Snowman</u>	<u>8:00 — 12:00</u> <u>Acrylic</u>
<u>Fran Mittelstet</u> <u>Abandoned</u>	<u>8:00 — 12:00</u> <u>Water Color</u>

## FRIDAY EVENING

<u>Cynthia Ridge</u> <u>Tree &amp; Abstract</u>	<u>6:00 — 10:00</u> <u>Alcohol Ink</u>
<u>Dennia Weeks</u> <u>Sunflower</u>	<u>6:00 — 10:00</u> <u>Scratch Art</u>

**DO NOT INCLUDE CLASS FEES WITH YOUR REGISTRATION FEES!** These are teacher fees and you are responsible for paying the teacher if you sign up, whether you take the class or not. Please make a copy or take a picture on your phone of this class schedule so you will know what classes you have signed up to take.

*Secret Pal Info—*

Fill out this form and return with your registration if you wish to participate in the Secret Pal activity at retreat. If you do not wish to participate just leave blank

Name \_\_\_\_\_

Favorite Painting Medium \_\_\_\_\_

Favorite Artist \_\_\_\_\_

Favorite Color \_\_\_\_\_

Favorite Snack Food \_\_\_\_\_

Favorite Holiday \_\_\_\_\_

# Registration Form

**(Must be returned by January 21, 2024)**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ email: \_\_\_\_\_

Retreat Fees:

Thursday thru Sunday Members \$150.00 \$ \_\_\_\_\_

Non-Members \$165.00 \$ \_\_\_\_\_

Friday thru Sunday Members \$140.00 \$ \_\_\_\_\_

Non-Members \$155.00 \$ \_\_\_\_\_

**Late fee after January 21, 2024 \$ 25.00** \$ \_\_\_\_\_

Optional Fees:

Sales Table only one per person \$ 5.00 \$ \_\_\_\_\_

Special Diet needs(One time fee) \$ 5.00 \$ \_\_\_\_\_

Box Lunch/Thursday \$ 12.00 \$ \_\_\_\_\_

**Total Enclosed** \$ \$ \_\_\_\_\_

---

**MEALS:**

Please check below which meals you will be present for. Cost is included with your registration.

Thursday Dinner \_\_\_\_\_ Friday Lunch \_\_\_\_\_ Friday Dinner \_\_\_\_\_

Saturday Lunch \_\_\_\_\_ Saturday Dinner \_\_\_\_\_ Sunday Lunch \_\_\_\_\_

---

**I would like a box lunch for Thursday at a cost of \$12.00. Please circle which you would prefer:**

**Ham and Swiss Croissant \_\_\_\_\_ Chicken Salad Croissant \_\_\_\_\_**

I am requesting a special diet at meal time (\$5.00 one time fee). Please list what your needs are:

\_\_\_\_\_  
\_\_\_\_\_

---

**Make check payable to MTA and mail check along with this completed Registration form to:**

**Melissa Fox, 59 Spencer Drive, Beechgrove, TN 37018**

**DO NOT INCLUDE ANY OTHER FEES FOR OTHER ACTIVITIES WITH REGISTRATION.**

**Class schedule is included in this packet. Mark classes you wish to take and return with this form.**

**DO NOT INCLUDE CLASS FEES WITH YOUR REGISTRATION. You will pay the teacher when you go to class. Please bring Class fee in an envelope with your name on it.**

# *Basic Supplies by Medium*

## *Colored Pencil Supplies*

- ◇ Non-wax graphite paper (gray and white)
- ◇ Tracing paper
- ◇ Stylus
- ◇ Drafting or artist's tape, 1"
- ◇ Battery-operated pencil sharpener
- ◇ Battery-operated eraser
- ◇ Erasers
- ◇ Paper towels
- ◇ 6" or 12" C-Thru ruler
- ◇ Foam core board or other flat surface for support.
- ◇ Optional: hand-held pencil sharpener, scissors, photo holder, note paper

## *Watercolor Supplies*

- ◇ Watercolor brushes (1" and 1 1/2" flats, no. 8 or no. 10 round, liner brush)
- ◇ 2 water containers
- ◇ Non-wax graphite paper (gray and white)
- ◇ Masking fluid
- ◇ Tracing paper
- ◇ Double-ball stylus
- ◇ Drafting or artist's tape, 1"
- ◇ Pencil and sharpener
- ◇ White vinyl eraser
- ◇ Cotton swabs
- ◇ Spray bottle
- ◇ Palette
- ◇ Paper towels (cut into quarters)
- ◇ Hand-held fan
- ◇ Scissors
- ◇ Toothbrush for spattering
- ◇ 6" or 12" C-Thru ruler
- ◇ Optional: photo holder, assorted sponges (well rinsed), sea sponges, synthetic sponges, note paper, 1-ounce container for masking fluid (old water bottle cap works well), old no. 1 round brush for masking fluid, small bar of soap for masking fluid.

## *Oil Painting Supplies*

- ◇ Graphite paper (gray and white)
- ◇ Tracing paper
- ◇ Stylus
- ◇ Drafting or artist's tape
- ◇ Paper towels
- ◇ Small containers for turpentine and medium
- ◇ Palette paper
- ◇ Palette knife
- ◇ Brushes (see individual teacher's requests)
- ◇ Bristle brushes (these are stiff bristles—not soft—for use on canvases), either flat or filbert, generally small, medium, and large
- ◇ Sable brushes for details (synthetics okay for some classes), usually a no. 2, no. 4, no. 8, and larger for larger surfaces
- ◇ Liners (long and short)
- ◇ Round or filbert if a stroke work class
- ◇ Optional: photo holder, note paper, plastic cling wrap

## *Usual Acrylic Supplies*

- ◇ A good assortment of brushes, including flats, angles, liners, rounds, filberts, mops, and any special brushes that may be listed for a particular class.
- ◇ Palette paper
- ◇ Tracing paper
- ◇ Transfer paper (both light and dark)
- ◇ Palette knife
- ◇ Stylus
- ◇ Paper towels
- ◇ Pencil
- ◇ Eraser
- ◇ Cotton swabs
- ◇ Container for water
- ◇ Brush cleaner
- ◇ Small containers in which to store paint should the project not be finished in class
- ◇ Scotch tape or painter's tape
- ◇ Optional: hand-held fan, scissors, photo holder, note